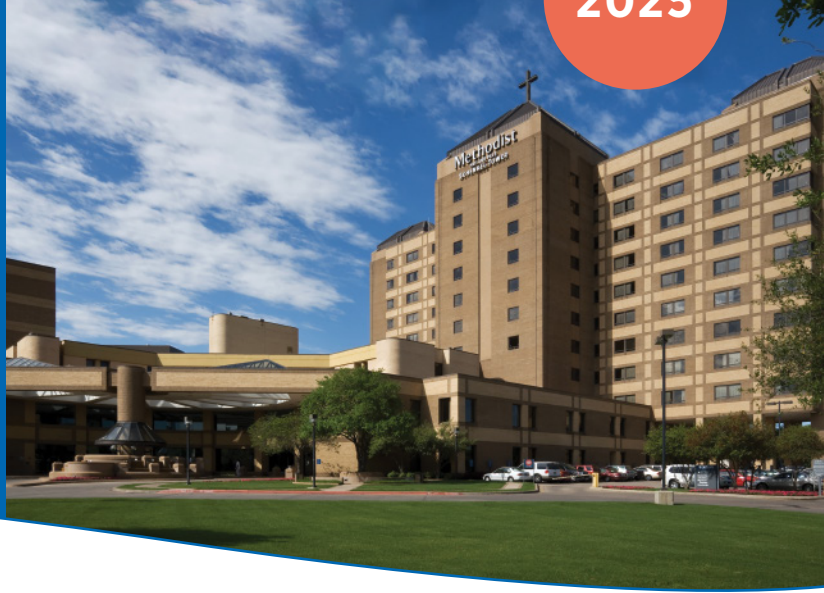


Community Highlights



NEW & NOTEWORTHY

LABOR AND DELIVERY FLOOR DEBUTS AFTER 9-MONTH MAKEOVER

A newly redesigned labor and delivery unit returned to welcoming the gift of life at Methodist Dallas Medical Center — just in time for the holidays.

Members of the community toured the transformed space in early December with donors and Methodist Health System leaders after a ribbon-cutting at the hospital. The Women's and Children's Services unit includes 14 labor and delivery suites, two operating rooms for cesarean sections, and a recovery area.

"Members of our medical staff worked hand in hand with hospital designers to create a labor and delivery space that is as functional as it is beautiful," Methodist Dallas President **John Phillips**, FACHE, said at Wednesday's ribbon cutting.

After nine months of construction, patients moved into the unit, which also features a five-room obstetrics (OB) emergency department to provide around-the-clock, specialized care for expecting mothers led by OB hospitalists.

"By adding an OB emergency department, we are once again elevating our care for mothers and their growing families," Phillips said.



WEIGHT MANAGEMENT TEAM LAUNCHES MEDICAL WEIGHT LOSS PROGRAM

Methodist Dallas now offers a multidisciplinary and evidence-based lifestyle intervention for patients who are looking to achieve their health goals: the Methodist Dallas Weight Loss & Wellness Program.

The program includes physician monitoring, weight loss medication assistance, one-on-one nutrition, and fitness counseling, peer support opportunities, and much more. The program is available in three, six, and 12-month stretches.

"This is a partnership focused on sustainable, long-term health and happiness," said **Gabriela Arias**, MD, physician on the medical staff at Methodist Dallas. "We are committed to providing support and resources that patients need to succeed."

COMMUNITY WELLNESS

EMERGENCY STAFF EARNS NATIONAL AWARD

The emergency department at Methodist Dallas is among 94 nationwide to receive the Lantern Award, an accolade granted once every three years by the Emergency Nurses Association.

This designation is a testament to their staff's commitment to quality, safety, a healthy work environment, and innovation in nursing practice and emergency care.

"This national recognition illustrates how well our robust emergency care team handles our most critical patients," said Methodist Dallas President **John Phillips**, FACHE. "Our Level I Trauma Center is not only focused on quality, but also compassion for every patient, visitor, and staff member."

Each hospital completes an application showcasing leadership, education, advocacy, and research.



FIRST CLASS OF PARAMEDICS GRADUATES FROM JOINT PROGRAM WITH UT DALLAS

The first class of paramedics graduated from an educational collaboration between Methodist Health System and The University of Texas at Dallas.

The North Texas Paramedic Education Consortium began enrolling its first students early last year, supplementing the university's existing EMT training program and helping educate future paramedics. Some of the students are from local and regional fire departments. Methodist Dallas President **John Phillips**, FACHE, sits on the consortium's board of directors.

"This program is yet another example of how Methodist is committed to growing our own and sharing our resources to expand the community of healthcare," said **Robert Simonson**, DO, chair of emergency medicine at Methodist Dallas and the consortium's medical director.

METHODIST MARKS 40 YEARS OF SERVING TRANSPLANT PATIENTS FROM PUERTO RICO

In fall 2023, Methodist Dallas celebrated the 40th anniversary of Methodist Dallas Medical Center's first kidney transplant to a patient from Puerto Rico. Since 1983, the hospital has performed nearly 600 kidney transplants on Puerto Rican patients who have come through the Transplant Institute Methodist Dallas – San Juan location. This truly remarkable achievement has changed the lives of thousands and continues to make a substantial impact on the transplant needs in Puerto Rico.



Felipe Villegas Robles, with his kidney donor and wife, Lianabel Rodriguez, is among hundreds of Puerto Rican patients who have received a lifesaving transplant at Methodist Dallas.



FAITH COMMUNITY NURSING

Through local churches, Methodist Health System provides education and health outreach, including flu shots and biometric screenings.

METHODIST GENERATIONS

This program offers a variety of wellness activities, social events, and educational outreach for people ages 55 and older.

MOBILE MAMMOGRAPHY

Methodist's mobile mammography unit brought breast cancer screenings directly to 68,000 women since 2000.

METHODIST ALLIANCE FOR PATIENTS AND PHYSICIANS (MAP2)

This accountable care organization improves and saves lives through coordinated care for more than 70,000 people. These patients have seen overall improvement in health measures,

as well as a lowered overall cost of care. For these efforts, MAP2 has achieved national recognition for the quality of care given to patients.

LIFE SHINES BRIGHT PREGNANCY PROGRAM

This program is dedicated to helping women have healthy pregnancies with the CenteringPregnancy® model of care. Since it started in 2008, the program has lowered the preterm birth rate among its participants to only 5.4%.

MEDASSIST

This program provides vital bridge medications — 360 prescriptions in the past year — to patients in financial need. Through pharmaceutical partnerships, MedAssist also connected patients to 265 prescriptions for free medications valued at \$60,856.

2024 SERVICE AND SUPPORT

We were proud to offer or sponsor these community events and organizations last year:

- Bishop Arts District Merchant's Association
- Bishop Dunne Catholic School
- Dallas Symphony Orchestra
- Dallas Youth Athletic Association
- Dallas Zoo
- Dash for the Beads
- Elmwood Farm
- Go Oak Cliff – Oak Cliff Mardi Gras Parade; Bastille on Bishop; Oaktoberfest; Blues, Bandits, and BBQ
- Junior League of Dallas
- Mammogram Poster Girls
- Memnosyne Institute - Oak Cliff Earth Day
- North Oak Cliff Greenspace
- Oak Cliff Chamber of Commerce – Transportation Summit
- Oak Cliff Film Society
- Oak Cliff Run Crew
- Oak Cliff Sandlot
- Oak Cliff Society of Fine Arts
- Pasos for Oak Cliff
- Preservation Park Cities
- Raising Oak Cliff
- ROSAesRojo
- Rosemont Dads Club - iBike Rosemont
- Rosemont Early Childhood PTA
- Rotary Club of Park Cities 4th of July Parade
- St. Cecilia Catholic School
- The Kessler School
- Turtle Creek Conservancy Easter Egg Hunt
- Twelve Hills Nature Center
- University Park Merchants Association Tree Lighting
- Well Community
- White Rock Lake Conservancy

DALLAS CAMPUS PREPARES SCHOLARS FOR SCHOOL

Methodist Dallas and Corporate employees dropped off two SUVs full of school supplies at an Oak Cliff elementary school.

The annual school supply drive, assisted by the campus's Intentional Inclusion & Diversity team, supports Hogg New Tech Elementary School in Oak Cliff.

School leaders say the donations are invaluable, helping children and teachers as they kick off a new semester. Any remaining items go to the school's supply closet, which teachers and families can access year-round.

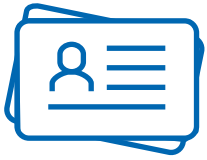


REDESIGNATION AS MAGNET HOSPITAL CELEBRATED IN NEW ORLEANS

Methodist Dallas enjoyed a moment in the spotlight at the ANCC Magnet/Pathway conference when the staff took the stage to celebrate their redesignation in New Orleans in October 2024.

Methodist Dallas' second designation as a Magnet-recognized organization is an honor earned by fewer than 9% of hospitals nationwide.

NUMBERS TO KNOW



11,063

The number of people Methodist Health System **employed** throughout the Metroplex



2,541

The number of **people employed by** Methodist Dallas Medical Center

\$155 million

The total amount Methodist Health System provided in **unreimbursed charity care**



230

The number of **lifesaving transplants** performed at Methodist Dallas Medical Center



Figures above represent fiscal year 2024

THANK YOU TO THE OUTSTANDING PEOPLE SERVING ON OUR ADVISORY BOARD

Robert (Bobby) Abtahi • Glenn Bodinson • Mike Casey • Elba Garcia, DDS • Pamela Dunlop Gates • Rev. Dr. Larry George • Patricio Gutiérrez • Ben Houston • Brenda Jackson • Delia Jasso (Chair) • Terrence Maiden • Nimesh Patel, MD • Rev. Mark Porter • A. Joe Sad, MD • Laura Sanchez • Rev. Jodi Smith • Kirk Wiginton • Linda Young

WHY WORK AT METHODIST?

Methodist was named among the **top 100 Best Places to Work by Glassdoor** and certified as a **Great Place to Work®** based on employee reviews. *Becker's Hospital Review* has ranked Methodist Health System among the **top 150 Great Places to Work in Healthcare** for a dozen years. Fair360 ranks Methodist among the **top 10 health systems nationwide for excellence in workplace fairness and inclusion**, alongside Mayo Clinic and Cleveland Clinic.

WE PROUDLY SUPPORT THE OAK CLIFF CHAMBER OF COMMERCE

AWARDS AND RECOGNITIONS

- Hospital Safety Grade rating of A from The Leapfrog Group
- Magnet®-designated hospital by the American Nurses Credentialing Center
- Level I Trauma Center — the only one in southern Dallas
- Certified Comprehensive Stroke Center, first and only hospital in southern Dallas to receive accreditation
- Extracorporeal membrane oxygenation program providing life support for the hospital's sickest heart and lung patients
- Two renovated cardiac catheterization laboratories
- Level III neonatal intensive care unit (NICU)
- Level III maternal and NICU designation from the Texas Department of State Health Services
- Award-winning GI Lab and Advanced Endoscopy Center
- Liver, kidney, and pancreas transplantation programs
- Only structural heart disease program in southern Dallas
- Completed National Accreditation Program for Rectal Cancer
- Designated Epicenter for Robotic Surgery by Intuitive Surgical
- Geriatric Trauma Program (G60) to cater to aging population
- The Linda and Mitch Hart Breast Center accredited by American College of Surgeons Commission on Cancer with commendation
- Accredited by the National Pancreas Foundation as an approved Center of Excellence
- Recognized with The Joint Commission Gold Seal of Approval® for hip and knee joint replacement programs

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A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of The United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at 214-947-4555 or visit MethodistHealthSystem.org/Foundation. Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Dallas Medical Center, Methodist Health System, or any of its affiliated hospitals.